

CERTIFICATE

OF PARTICIPATION

This is to certify that

Frikkie Delport

Has successfully participated & completed the

5km Cowhouse Summer Trail Run 2017

held at Cowhouse Market.

TIME 00:36:03

PACE 07:12/km

OVERALL 23 of 123

GENDER 12 of 46

OPEN 4 of 19

28 January 2017, Sat

Date



Bout Time